



VICTORY
YOUTH
EXCEL
PROGRAM

Excel Discipleship Program

A Discipleship Program of Victory Youth

Definition

ex-cel (verb)

from the Latin words ex (out, beyond) and celsus (lofty) > Latin word “excellere” > English word “excel”

be exceptionally good at or proficient in an activity or subject

synonyms: shine, be excellent, be outstanding, be skillful, be talented, be preeminent, stand out, be the best, be unparalleled, be unequalled, be second to none, be unsurpassed

Mission Statement

To empower youth to excel in Bible proficiency, leadership and serving

Vision Statement

Teaching students how to escape average, build their spiritual foundation and become disciples of Jesus Christ through accountability and daily disciplines.

What is a disciple? A disciple learns Jesus’s words; a disciple learns Jesus’s way of ministry; a disciple imitates Jesus’s life and character; a disciple who follows Jesus teaches their disciples. In essence, they are reproducing and aligning themselves with those who have the same vision that they do.

THE WHY BEHIND EXCEL

Jesus charged the disciples with the Great Commission - He charged the disciples to go and build relationships with others so that discipleship could be birthed. Discipleship is incomplete without relationships. Discipleship is being willing to be the anvil in someone’s life and bridging the gap from good to best. The catalyst to raising up world changers in this next generation is discipleship which is the breeding ground for total transformation.

Key Program Verses

- And Jesus grew in wisdom and stature, and in favor with God and man. (Luke 2:52)
 - **Grow as Jesus grew!**
- Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity. (1 Timothy 4:12)
 - **Be an example to those older and younger!**
- How can a young person stay on the path of purity? By living according to your word. (Psalm 119:9)
 - **Live according to God’s word!**

- Therefore, we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us (Hebrews 12:1)
 - ***Drop sin like dead weight and run the race of life God has set before us!***

Excel Program Overview

Growth Coach – You will select a growth coach from the youth leadership team. You will approach a youth leader and explain your intention to complete the program and ask them to be your coach. Your coach will be your mentor throughout the 12 weeks and you will be expected to check in with them once per week.

3 Key Components:

1. Bible reading and scripture memorization

- Read one Psalm and one Proverb/day (repeat Proverbs after 31 days)
- Memorize weekly scriptures (given out during youth services | 12 in total)

2. Peer Leadership

- Peer leadership project

(ex. Take over leadership of Prayer Board, take over leadership of Dollar Drop, lead an outreach or fundraiser, lead a Youth Center improvement project, teach a lesson, share a testimony with youth)

3. Serving (in good standing in youth services and in main church)

- Serve on the youth Host Team or AV team with consistency (come early for set up, breakdown, etc.) See Eve Vasso who is the student Host Team Leader or Christian Aguayo who is in charge of the Youth AV Team to get plugged in.
- Serve as a ministry intern on one of the main service ministry teams. See Julia Luster (*she will be the liaison between youth and ministry directors*) to get plugged in with a ministry. At the end of 12 weeks, the ministry director and Julia Luster will sign off that you have served faithfully, in good standing on the ministry at least 3 times (once per month during the 3-month program time period)

Student Checklist

- **Every day:** Complete your daily Bible reading in Psalms and Proverbs and work on memory verse.
- **Every day:** Speak daily declaration prayer out loud.
- **Each Thursday:** Share that week's memory verse in youth group.
- **Each Friday:** Send a text to your growth coach and give them your takeaway from your weekly Bible reading in Psalms & Proverbs. *What stood out to you the most and how will it change the way you think or act?*

- **Each Friday:** Text your growth coach and share a leadership quote with them. Tell them how you can apply it to your life.
- **At the start of the program:** Connect with your growth coach to make plans for your peer leadership project.
- Make sure to plan to complete your peer leadership project within the 12 weeks. (If you're going to teach a lesson, work with Christina Leal to get on schedule to teach it within the 12 weeks.)
- Meet all ministry team requirements (serving diligently within youth services and on your main service ministry.) Reach out to the ministry director once a month to see if there is anything they could use your help with.
- **Daily Declaration to pray over your life:**

"Today is the day the Lord has made. I will rejoice and be glad in it. Today, I choose to put God first in my life. I will honor those who are in authority over me. I speak God's Word over my life. I have the wisdom of heaven and the mind of Christ. I walk in divine favor with God and man. I speak Psalm 91 over my life and the lives of my family. The angels of the Lord are encamped around me wherever I go. All the days of my life, I live in divine health. Everything I put my hand to prospers. I am fantastic, strong, intelligent, creative, wonderful, incredible, amazing, powerful, and created in the image of God. In Jesus name, Amen!"

Program Privileges (What's in it for me?)

Once you have graduated from the Excel Program, you will gain the following:

- You will be honored by your youth leaders in front of the church body as an Excel Program graduate.
- You will receive a card that gets you 20% off all Java purchases for one year.
- You will receive 50% off all youth apparel for one year (t-shirts, sunglasses, etc.)
- You will receive a discounted rate for future missions trips that you may take part in.
- You will receive a personalized Bible with your name engraved on it.

Excel Commitment

This discipleship program will challenge you mentally and spiritually. By taking this challenge, you agree to complete your daily tasks and reading assignments while also communicating at the end of every week to your Growth Coach about finishing your list of accomplishments. Repeated incompleteness will result in withdrawal from the Excel Program. It is not your Growth Coach’s job to follow up with you. It is your responsibility to contact them at the end of each week.

Excel Discipleship Agreement Form

Name: _____ **Date:** _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Cell #: _____ **Grade:** _____

Email: _____ **Date of Birth:** _____

Gender: _____

I _____ (student) commit to take ownership of my own spiritual growth and come into alignment with the **Victory Youth Excel Discipleship Program** by committing to follow all program guidelines in order to achieve growth in **Bible Knowledge, Servanthood and Leadership**. I am committing to submit all tasks and assignments required through the program to my designated leader by the designated due date. I am committing to grow and mature in my relationship with God and will be accountable for my daily disciplines, Bible reading, spending time with God, serving and attending church services weekly. I acknowledge that failure to do any of the requirements will result in an incompleteness of the program.

Student Signature: _____ **Date:** _____

Parent/Guardian

I have reviewed all program requirements and I commit to support my child in the Excel Discipleship Program.

Parent/Guardian Signature: _____ **Date:** _____