

Excel Discipleship Program

A Discipleship Program of Victory Youth

Definition

ex-cel (verb)

from the Latin words ex (out, beyond) and celsus (lofty) > Latin word "excellere" > English word "excel"

be exceptionally good at or proficient in an activity or subject

synonyms: shine, be excellent, be outstanding, be skillful, be talented, be preeminent, stand out, be the best, be unparalleled, be unequaled, be second to none, be unsurpassed

Mission Statement

To empower youth to excel in Bible proficiency, leadership and serving

Vision Statement

Teaching students how to escape average, build their spiritual foundation and become disciples of Jesus Christ through accountability and daily disciplines.

What is a disciple? A disciple learns Jesus's words; a disciple learns Jesus's way of ministry; a disciple imitates Jesus's life and character; a disciple who follows Jesus teaches their disciples. In essence, they are reproducing and aligning themselves with those who have the same vision that they do.

THE WHY BEHIND EXCEL

Jesus charged the disciples with the Great Commission - He charged the disciples to go and build relationships with others so that discipleship could be birthed. Discipleship is incomplete without relationships. Discipleship is being willing to be the anvil in someone's life and bridging the gap from good to best. The catalyst to raising up world changers in this next generation is discipleship which is the breeding ground for total transformation.

Key Program Verses

- And Jesus grew in wisdom and stature, and in favor with God and man. (Luke 2:52)
 - **Grow as Jesus grew!**
- Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity. (1 Timothy 4:12)
 - **Be an example to those older and younger!**
- How can a young person stay on the path of purity? By living according to your word. (Psalm 119:9)
 - **Live according to God's word!**

- Therefore, we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us (Hebrews 12:1)
 - *Drop sin like dead weight and run the race of life God has set before us!*

Excel Program Overview

Dates – July 1 to Aug 12 (6 weeks)

Growth Coach – You will be paired with a growth coach. You may request one but it's on a first come first served basis. A growth coach may also request a certain student but the same applies. If you would like to make a specific request, please see an Excel Leader- Christina Leal, Sarah Tyrol or Melissa Labieniec.

3 Key Components:

- **Bible Book Study and scripture memorization**
 - You and your Growth Coach will pick and complete a Bible Book Study together. A list will be provided to choose from.
 - Memorize weekly scriptures (6 in total)
- **Peer Leadership**
 - Peer leadership project (A list will be provided with different project options)
- **Serving (in good standing in youth services and in main church)**
 - Serve on 1 “servanthood” ministry in MAIN Services such as ushering, Vbrew, sound and lighting, care team, Victory Kids, cleaning, or more! The ministry must be ongoing and “serving” in nature. Ask your coach if you are unsure. We want to see you on a schedule so please sign up for a Main Service Ministry.
 - Serve in 1 youth group ministry. (Host team, AV, Worship Team, or MC team] See your coach if you are unsure where to serve in Youth. We want to see you on a schedule.

Student Checklist

- **Every day (Monday-Friday):** Complete your daily reading in your Bible Book Study. A journal will be provided for work and any questions the book offers.
- **Every day:** Speak daily declaration prayer out loud.
- **Each Thursday:** Share that week's memory verse in youth group or in person with your coach.
- **Each Sunday:** Meet your coaches and leaders for Sunday Pow Wow meetings in between first and second service for work check-in. (More info. on what classroom will be provided soon)
- **At the start of the program:** Connect with your growth coach to make plans for your peer leadership project. **Submit your leadership project form to your coach before the program begins. We will reach out to you about this.**

- Make sure to plan to complete your peer leadership project within the 6 weeks. (If you're going to teach a lesson, work with Christina Leal and your coach to get on schedule to teach it within the 6 weeks.)
- Meet all ministry team requirements (serving diligently within youth services and on your main service ministry.) Reach out to the ministry director to be put on the schedule and to see if there is anything they could use your help with.
- **Daily Declaration to pray over your life:**

"Today is the day the Lord has made. I will rejoice and be glad in it. Today, I choose to put God first in my life. I will honor those who are in authority over me. I speak God's Word over my life. I have the wisdom of heaven and the mind of Christ. I walk in divine favor with God and man. I speak Psalm 91 over my life and the lives of my family. The angels of the Lord are encamped around me wherever I go. All the days of my life, I live in divine health. Everything I put my hand to prospers. I am fantastic, strong, intelligent, creative, wonderful, incredible, amazing, powerful, and created in the image of God. In Jesus name, Amen!"

Program Privileges (What's in it for me?)

Once you have graduated from the Excel Program, you will gain the following:

- You will be honored by your youth leaders and Pastors in front of the church body as an Excel Program graduate. (**Sunday, August 18th**)
- You will receive a card that gets you 20% off all Vbrew purchases for one year.
- 1st year graduates will receive a personalized Bible with your name engraved on it.
- If this is your second or third year going through the Excel program, you will receive a different gift.
- You will receive an Excel Program t-shirt
- As always, some candy/chocolate!

Excel Commitment

This discipleship program will challenge you mentally and spiritually. By taking this challenge, you agree to complete your daily tasks and reading assignments while also communicating at the end of every week to your Growth Coach about finishing your list of accomplishments. Repeated incompleteness and failure to earn the required amount of points will result in withdrawal from the Excel Program. It is not only your Growth Coach's job to follow up with you. It is your responsibility to contact them as well.

Excel Discipleship Agreement Form

Name: _____ **Date:** _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Cell #: _____ **Grade:** _____

Email: _____ **Date of Birth:** _____

Gender: _____

I _____ (student) commit to take ownership of my own spiritual growth and come into alignment with the **Victory Youth Excel Discipleship Program** by committing to follow all program guidelines in order to achieve growth in **Bible Knowledge, Servanthood and Leadership**. I am committing to submit all tasks and assignments required through the program to my designated leader by the designated due date. I am committing to grow and mature in my relationship with God and will be accountable for my daily disciplines, Bible reading, spending time with God, serving and attending church services weekly. I acknowledge that failure to do any of the requirements will result in an incompleteness of the program.

Student Signature: _____ **Date:** _____

Parent/Guardian

I have reviewed all program requirements and I commit to support my child in the Excel Discipleship Program.

Parent/Guardian Signature: _____ **Date:** _____